



REQUIREMENTS FOR MOBILE MASSAGE OPERATIONS

(Source: Health Standards and Guidelines for Personal Services, Alberta Health)

Mobile Massage: *“massage operations which do not set up in any one place for more than 24 hours continuously.”*

1. **Handwash supplies** (i.e. soap and single use towels) for washing hands when at appointments. Every attendant must wash his/her hands thoroughly with soap and hot water prior to the treatment of any client and between clients, and dry hands with single use towels. **Hand sanitizers are not permitted** as a replacement for traditional handwashing except with massages of fully clothed clients or where oils/lotions are not used.
2. **Massage table and other equipment.** All tables, mats, or other surfaces upon which persons rest while being treated must be clean and in good repair, and have a working surface that is smooth and free from cracks or tears, easily cleanable and capable of being effectively sanitized.
3. **An approved sanitizer.** All utensils, equipment and supplies which come into direct contact with the client must be thoroughly cleansed and sanitized after each use and maintained in a sanitary condition until re-use. Treatment beds may be sanitized by wiping the surfaces with one of the following approved sanitizers:
 - A quaternary ammonium solution at a strength of not less than 200 ppm.
 - A chlorine solution at a strength of not less than 100 ppm (e.g. 1/2 teaspoon household bleach to 1 litre of water).
 - An ethyl or isopropyl alcohol solution of not less than 70%.
 - An iodophor solution at a strength of not less than 12.5 ppm.
 - A phenolic germicidal solution prepared according to manufacturer's specifications.
 - Any other method approved by Calgary Regional Health Authority, Environmental Health Division.
4. **Separate washable storage containers** for storage and separation of clean and soiled linens. Linens must be changed between clients and laundered after each use.
5. **Linen and other supplies** must be stored separate from personal items in the home i.e. closet, cupboard, etc.

Notwithstanding the above guidelines, massage operations must comply with the Health Standards and Guidelines for Personal Services, Alberta Health.