



calgary health region

**Southeast Community
Portfolio
Centre 15**

Environmental Health
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Attire

Wear clean, readily washable outer garments. Do not wear uniforms outside of the food establishment.

Fingernails

Cut fingernails short and keep them clean at all times. When hand washing, remember to scrub cuticles and under nails. Use a nail brush.

Gloves

Gloves are not to be used in place of hand washing. Gloves are considered a second line of defense. Hands must be washed before putting gloves on and after taking gloves off. Gloves are not 100% impermeable and bacteria can and will pass through them onto hands.

Headgear

Wear headgear that confines the hair. Options include hairnets, baseball caps, chef's hat, ponytail for long hair.