

RESOURCES FOR CHILD HANDWASHING AND PERSONAL HYGIENE EDUCATION

BOOKS:

1. Germs Germs Germs by Bobbi Katz – written from a germ's point of view for grades 1 and 2
2. Germs make me sick by Melvin Berger – explains the most common causes of getting sick for ages 4-8
3. Those mean nasty dirty downright disgusting but...invisible germs by Judith Anne Rice– talks about how to get rid of germs for ages 4-8
4. Oh, the things you can do that are good for you by Tish Rabe – about good health habits for young readers
5. Inside Ralphie – A book about germs (Magic School Bus series) – talks about how germs make you sick and how your body fights back – for older children
6. Wash your hands! By Tony Ross – good for elementary children

There are many other books available. A good resource is the Brevis catalogue (infection control products for our changing time) which can be found on the web.

WEBSITES:

Lesson plans and activities:

1. GOJO - <http://education.gojo.com>
2. Henry the Hand - <http://www.henrythehand.com>*
3. NSF Scrub Club - <http://www.scrubclub.org> *
4. FDA (kids, teens and educators) - <http://www.foodsafety.gov>
5. Tacoma/Pierce County Health Department (healthy habits/handwashing) – <http://www.tpchd.org> (many links to additional resources)
6. Texas Department of State Health Services (kid's corner/lesson plans) – <http://www.dshs.state.tx.us/kids/lessonplans/default.shtm>
7. Do Bugs Need Drugs? – <http://www.dobugsneeddrugs.org>
8. Fight Bac – <http://www.fightbac.org>

Campaigning:

9. NFSMI: Wash your hands—educating the school community (site search) <http://www.nfsmi.org>
10. Did you wash 'em - http://www.kdhe.state.ks.us/wash_em/education.html
11. Clean Hands Coalition – <http://www.cleanhandscoalition.org>
12. It's a snap – healthy schools, healthy people – <http://www.itsasnap.org>
13. CDC germ stoppers – <http://www.cdc.gov/germstopper>

VIDEOS:

1. Just Wash-Em produced by CHICA Canada— 7 min handwashing video for K-3
http://www.chica.org/sudsy_order.html
2. Hands Down on Germs – 8 min video for Grades 2-4
3. The Rockin' Handwashing Report – 9 min video for Grades 5+

FREE HANDOUT MATERIALS:

1. Do Bugs Need Drugs? (many kid friendly handouts, stickers, etc focusing on handwashing)
call 1- 800-931-9111

GIANT MICROBES:

Stuffed animals that look like tiny microbes can be ordered from <http://www.giantmicrobes.com>

* Excellent interactive sites for children to visit