

Poor oral health has been related to decreased school performance, poor social relationships, and less success later in life.

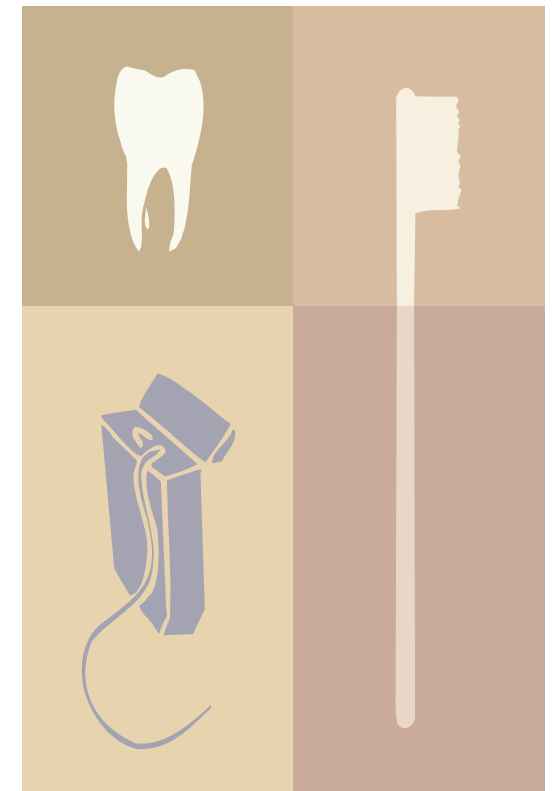
Children experiencing pain are distracted and unable to concentrate on schoolwork.

**U.S. General Accounting Office. 2000. Oral Health: Dental Disease is a Chronic Problem Among Low-Income and Vulnerable Populations. Washington, DC: U.S. General Accounting Office.*

The resources listed in this pamphlet are only available for schools within the Calgary Health Region



ORAL HEALTH EDUCATION TEACHER RESOURCES



Oral Health Education ~ Resource List

Dental Lessons Available for Teachers

Description	Grade	Loan	Keep	To Order:
ORAL HEALTH TEACHING RESOURCES				
Oral Health Education Teacher Resource Manuals – Schools in the Calgary Health Region were each given a complimentary set. The manuals provide “user-friendly” lesson plans and activities to assist teachers in addressing the general outcomes outlined in Alberta Learning’s <i>Program of Studies in Health and Life Skills</i> .	K, 1, 2, 3		✓	Download Resource at: www.calgaryhealthregion.ca/programs/dental/teacher.html
Oral Health Education Teacher Resource Kit – Includes oral health resource materials, such as a large tooth model, books, puppets, etc. to support the lessons in the Oral Health Education Teacher Resource manuals.	K, 1, 2, 3	✓		Contact Oral Health Education Calgary: 403-943-6797
Making Choices – Lesson plan with “Teeth for a Lifetime” Power Point presentation. This lesson targets reducing risk and promoting wellness. The students will develop personal skills to improve oral health by making well-informed, healthy choices and developing behaviors that contribute to the well-being of themselves and others.	5		✓	Download Resource at: www.calgaryhealthregion.ca/programs/dental/grade5.html
Re-Think Your Drink – Items to support the message such as: posters, stickers, bookmarks, magnets, pamphlets. Visit the website for teaching materials. There is a kit available for loan to create a Re-Think Your Drink display. Contact your school's Public Health Nurse.	All Grades	✓	✓	For various Re-Think Your Drink items go to www.calgaryhealthregion.ca/programs/dental/rtyd.html
DENTAL VIDEOS				
Two Toothy Frogs – Lesson plan with DVD or video of a puppet show featuring the Fritz and Frank puppets teaching about brushing teeth, making food choices and visiting the dentist.	K	✓		Contact Educational Resource at 403-287-3669
Geena’s Tremendous Tooth Adventure – Lesson plan with video featuring an animated story about Geena the giraffe who goes on an adventure during which she learns about the importance of good oral health.	1	✓		Contact Educational Resource at 403-287-3669
The Incredible Ride –The dentist (Dr. Rabbit) discusses and demonstrates many good oral health practices such as tooth brushing, flossing, plaque formation, fluoride, sealants, healthy snacking and visiting the dentist.	3	✓		Contact Educational Resource at 403-287-3669
ADDITIONAL ORAL HEALTH LESSONS				
Cat With A Hat – An interactive story that teaches the basics of oral health care. The “Cat With A Hat” story will capture the students’ attention with fun oral health tools that are revealed one by one from the cat’s hat.	Preschool-K	✓		Contact Educational Resource at 403-287-3669
Mary’s Tooth – This lesson uses large story boards to emphasize the importance of oral hygiene, visiting the dentist and good nutrition.	1	✓		Contact Educational Resource at 403-287-3669
The Adventures of Karius and Baktus – This visual presentation teaches the decay process and prevention of tooth decay. Three people are needed to teach this lesson; two for the puppets and one for the narrator.	2	✓		Contact Educational Resource at 403-287-3669
Plaque Busters Game – This interactive game aims at reinforcing the concepts outlined in a brief dental lesson. The information that is required to teach the students prior to the game is found in the lesson plan enclosed.	4	✓		Contact Educational Resource at 403-287-3669
Oral Health Trivia Game – Following a dental lesson, the class divides into six teams and challenges the other teams by answering questions on the following topics: Facts and Fallacies, Structure and Function, Periodontal Disease, Diet, Decay and Home Care. Information needed to teach the dental lesson is provided in the lesson plan enclosed.	6	✓		Contact Educational Resource at 403-287-3669