

Referral Resource List

Jan 2009

Aboriginal Resources					
Title	Date Updated	Contact Name	Contact Info	website/other	Comments
Aboriginal Health Program	Jan-09	Chelsea	943-0201	AHS website - programs - Aboriginal	Brochure
Aboriginal Hospital Liason Program	Jan-09	Chelsea	943-0201	phone	Brochure - can photocopy
Awo Taan Healing Lodge Centre-Parent Link	Jan-09	Awo Taan	403-531-1880	www.awotaan.org	Can Photocopy or go to website
Calgary Aboriginal Agencies and Service	Jan-09	Carey Nielsen	268-5146	311 (City of Calgary)	Order free of charge as needed
Care for a Smile Dental Program	Jan-09	Health Canada Dental Edm.	1-888-495-2516	www.hc-sc.gc.ca/fniah-spnia/index-	Health Canada Brochure & website
Caring for Life -Kim ma pii pi tsi	Jan-09	Chelsea	943-0201	phone	Booklet
Elbow River Healing Lodge	Jan-09	Administration	403-781-3200	AHS website - programs - Aboriginal	Pamphlet - photocopy - website PDF at http://www.calgaryhealthregion.ca/programs/aboriginal/pdf/erhlbrochure_october2006.pdf
Healing Your Spirit: Surviving After The Suicide Of A Love One	Jan-09	Catherine Davis	403-781-3200	phone	Order from Elbow River Healing Lodge, as stored there right now
Medicine Wheel: Early Learning Centre II	Jan-09	Reg	240-4642 Ext 304 or 807-1509	Metis Calgary	Brochure
Metis Calgary Family Services: Native Network Parent Link Centre	Jan-09	SkyBlue	240-4642 Ext 300	Metis Calgary	Brochure
Native Network Family Resource Centre	Jan-09	Reg	240-4642 Ext 304 or 807-1509	Metis Calgary	Brochure
Non-Insured Health Benefits Program - Information Booklet	Jan-09	Health Canada Dental Edm.	1-888-495-2516 & 780-495-8427	Health Canada	Booklet & Pamphlet
The Healing Journey - Family Violence Prevention in Aboriginal Communities	Jan-09	Alberta Chld Abuse Prevention	website	http://www.thehealingjourney.ca/main.asp	

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Addiction					
Title	Date Updated	Contact Name	Contact Info	Website/other	Comments
Addition Services Guide - Calgary Addiction Initiative Steering Committee	Jan-09	Distress Centre	266-1601	print PDF	http://www.calgaryaddiction.com/media/PDFs/CONTINUUM%20-%20Hard%20Copy.pdf
Adult Counselling and Prevention Services - Calgary	Jan-09	Katerina	email	AADAC	Brochure - Katerina Renny [Katerina.Renny@aadac.gov.ab.ca]
Are You a Smoker...and have the desire to quit??? [Poster]	Jan-09	Kim Blight	266-1601 Ext. 3011	Photocopy	Poster (8.5 x 11)
Aventa: Frequently Asked Questions	Jan-09	Joy Tomlinson	245-9050	Aventa	Brochure
Expecting To Quit	Jan-09	Perinatal Education	781-1450	Perinatal Education	Poster (8.5 x 11)
Expecting to Quit [Postcard]	Jan-09	Perinatal Education	781-1450	Perinatal Education	Postcard
Fetal Alcohol Spectrum Disorder - FASD Calgary Resource Directory 2005	Jan-09	FASD Calgary	403-681-2673	www.calgaryfasd.com	Print off website PDF or photocopy - http://www.calgaryfasd.com/resource.php
Fetal Alcohol Spectrum Disorder (FASD) - Information Prescription Sheet	Jan-09	Heather Brown	955-7082	www.sacyhn.ca	Order Tear Off Sheets -or print off website www.sacyhn.ca/pages/publications.html
Friends Helping Friends-No Alcohol is Best When Pregnant	Jan-09	FASD Calgary	403-681-2673	www.calgaryfasd.com	Poster-PDF on website at www.calgaryfasd.com - http://www.calgaryfasd.com/circle.php
Help A Pregnant Friend Avoid Alcohol	Jan-09	FASD Calgary	website	www.calgaryfasd.com	www.calgaryfasd.com
If you want to help a smoker quit	Jan-09	Canadian Cancer Society	1-888-939-3333 or email	www.cancer.ca	Booklet - available in French, English, Chinese and Punjabi (PDF's on website- www.cancer.ca) or email: info@cancer.ab.ca
It's Canada's Time to Quit Smoking	May-09	It's Canada's Time	website	www.itscanadastime.com	Information brochure, doctor's discussion check-list and helpful resources
Make Your Home & Car Smoke Free	Jan-09	Health Canada	website & email	www.itscanadastime.com	Health Canada -copies of book & poster free of charge
McMan: Youth, Family & Community Services	Jan-09	Pam van Vugt	280-6293 or 590-3285	280-6293	Brochure
Nicotine Replacement Therapy (NRT) [Poster]	Jan-09	Margaret Fung	287-3669	Pamphlet Centre	Brochure
No Alcohol is Best When Pregnant (FASD) [Booklet]	Jan-09	Healthy Babies	Ph. # 943-8005	Healthy Babies	Booklet
On The Road to Quitting (Booklet)	Jan-09	Health Canada	website & email	www.gosmokefree.gc.ca	Health Canada - copies of book free of charge - can also phone 1-866-318-1116
Substance Abuse - Information Prescription Sheet	Jan-09	Heather Brown	955-7082	www.sacyhn.ca	Order Tear Off Sheets -or print off website www.sacyhn.ca/pages/publications.html
Tobacco Resources - Adult Counselling and Prevention Services Calgary	Jan-09	Katerina	email	AADAC	Brochure - Katerina Renny [Katerina.Renny@aadac.gov.ab.ca]

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Crisis					
Title	Date Updated	Contact Name	Contact Info	website	Comments
Calgary Collaborative Services Centre -CCSC (supports all ind. affec. dom vio & sex assault)	Feb-09	phone or website	955-6089	print pdf	www.fcrc.sacyhn.ca/pdfs/Calgary_Collaborative_Services_Centre.pdf
Calgary Counselling Centre: Counselling (general brochure)	Jan-09	Communications & web site	265-4980	265-4980	Brochure-email-communications@calgarycounselling.com & website www.calgarycounselling.com
Calgary Counselling Centre: Responsible Choices For Men Who Are Abusive In Intimate	Jan-09	Communications & web site	265-4980	265-4980	Brochure-email-communications@calgarycounselling.com & website www.calgarycounselling.com
Calgary Counselling Centre: Responsible Choices For Women Who Are Abusive In Intimate	Jan-09	Communications & web site	265-4980	265-4980	Brochure-email-communications@calgarycounselling.com & website www.calgarycounselling.com
Calgary Counselling Centre: Turn For The Better: For Men Who Have Been Involved In An	Jan-09	Communications & web site	265-4980	265-4980	Brochure-email-communications@calgarycounselling.com & website www.calgarycounselling.com
Calgary Counselling Centre: You Are Not Alone: Women Exp. Violence In Intimate Relat.	Jan-09	Communications & web site	265-4980	265-4980	Brochure-email-communications@calgarycounselling.com & website www.calgarycounselling.com
Calgary Counselling Centre: Responsible Choices for Children and Parents	Jan-09	Communications & web site	265-4980	265-4980	Brochure-email-communications@calgarycounselling.com & website www.calgarycounselling.com
Calgary Counselling Centre: Small Poster & Order form	Jan-09	Communications & web site	265-4980	265-4980	Brochure-email-communications@calgarycounselling.com & website www.calgarycounselling.com
Calgary Women's Emergency Shelter: Community Crisis Counsellor Program	Jan-09	Maureen O'Connor	539-5143	539-5143	Brochure
Calgary Women's Emergency Shelter: General Information	Jan-09	website	290-1552	290-1552	http://www.calgarywomensshelter.com/html/about/home.html
Calgary Women's Emergency Shelter: Non-Abusive Futures For Adolescents At Risk Program	Jan-09	Maureen O'Connor	539-5143	539-5143	Brochure
CCASA - support, 24 hr line, counsel, Sexual Assault Response Team (CSART)	Jan-09	Reception - note moved to Sheldon Chumir	237-6905 Ext 233	237-6905 Ext 233	Brochure - email - info@calgarycasa.com or web - www.calgarycasa.com -toll free 24 hr support & information line(1-877-237-5888)
Child Abuse/Children Exposed to Family Violence	Jan-09	Alberta Gov.	website	website	Brochure website - www.child.alberta.ca/home/documents/familyviolence/doc_opfvb_sheet_child_colour.pdf
Discovery House - Rediscover Life & Dreams	Jan-09	Reception	403-670-0467	Phone or email	email - shelter@discoveryhouse.ca - resid & comm services for abused women with child. to help life safely in communities
Distress Centre	Jan-09	Receptionist	266-1601	266-1601	Brochure
Know your rights Alberta's Protection Against Family Violence Act (PAFVA)	Jan-09	Alberta Gov.	website	website	http://child.alberta.ca/home/images/familyviolence/Know_Your_Rights.pdf
Mobile Response Team	Jan-09	Mike Brager	297-2940	297-4235	Brochure & website www.calgaryhealthregion.ca/mh/pdfs/mrtbrochure.pdf
The Brenda Strafford Centre	Jan-09	Lipkia	270-7240	270-7240	Brochure
Violence Stops Here!	Jan-09	City of Calgary	311	311	Order from the City of Calgary 311 number
YWCA Sheriff King Home	Jan-09	Terry	266-4111	Sherriff King Home	

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Finances					
Title	Date Updated	Contact Name	Contact Info	Website	Comments
AHS - Dental - Income Assessment Form	Jan-09	Leanne Rodine	943-8104	Oral Health	Income Assessment Form
AHS - Dental & Oral Health Reduced-Fee Dental Care for Low Income Clients	Jan-09	Leanne Rodine	943-8104	Oral Health	Referral Form
AHS - Dental & Oral Health Web Page - including How to Get Dental Care in AHS	Jan-09	Community Oral Health Program	228-3384	Website	www.calgaryhealthregion.ca/hecomm/oral/
AHS - Dental Insurance Plan Information - One for students and one for employed	Jan-09	Leanne Rodine	943-8104	Oral Health	Employee Letter
AHS- Dental Care for Families in Financial Need 2008/2009	Jan-09	Heather Gray/oral health CHR	943-6796	Oral Health	Brochure - can photocopy as needed
AHS - Reaching Diverse Populations - Person's Living In Poverty	Jan-09	webmaster	website	iweb.calgaryhealthregion.ca/programs/diversity/reaching_div_pops/disabilities.htm	See website for contacts in Healthy Diverse Populations
Alberta Centennial Education Savings Plan	Jan-09	ACES	1-866-515-ACES(2237)	phone or web	www.aces.gov.ab.ca
Alberta Child Health Benefit	Jan-09	Margaret Fung	287-3669	Pamphlet Centre Ph. # 287-3669	Application form within Envelope
Alberta Works, Overview and Alberta Works, Your Guide	Jan-09	Receptionist	310-0000 Enter 780-427-5585	website or phone	http://employment.alberta.ca/cps/rde/xchg/hre/his.xsl/3187.html
Aspen - Building Futures & Families in Transition	Jan-09	Reception	219-3477	email	aspenfamily@aspenfamily.org
Burns Memorial Fund (Discontinued)	Jan-09	Charolette	234-9396	234-9396	Retain letter of referral program discontinuation for those who have not read - update on new program expected in 2009
Canada Education Savings Grand/Canada Learning Bond	Year 2008	Govt.	1-800-O-Canada	servicecanada.gc.ca	Phone or website
City of Calgary Emergency Medical Services - Patient Advocate	Jan-09	Shannon Sikorsky	403-538-7608 Fax 538-7616	email or phone	Contact Shannon if individual receives EMS invoice and are unable to pay by email shannon.sikorsky@calgary.ca
CUPS	Jan-09	Receptionist	221-8797	www.lowcostrent.org	Brochure, can photocopy & see online housing & resources
CUPS - Criteria for CUPS Dental Program	Jan-09	Receptionist	221-8797	www.cupshealthcentre.com	Questionnaire - photocopy
Guide to Services for Lower-Income Albertans	Jan-09	Margaret Fung	Pamphlet Centre Ph. # 287-3669	www.gov.ab.ca/services/alberta/LowerIncomeGuide/	Government of Alberta - Booklet, pdf on website, can be printed off
Housing Support Funds	Jan-09	Donna George or Abi Wideman	944-7413 or 777-7635	phone	Can call Jennifer Wushke at the Distress Ct. re this program or for questions on filling out the form at 403-266-1601
Housing Support Funds Agencies	Jan-09	Donna George or Abi Wideman	944-7413 or 777-7635	phone	Can call Jennifer Wushke at the Distress Ct. re this program or for questions on filling out the form at 403-266-1601
Inter-Faith Furniture Program	Jan-09	Judy	276-3173	phone	Referral Form
Kidsport Calgary	Year 2009	Esther	202-0251	www.kidsport.ab.ca	Application form on website

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Lenscrafters - Gift of Sight (Recipient Referral Form)	Jan-09	Any Lens Crafters	278-2722	phone	One time only, referral from agency, any lens crafters, no other coverage available
Low-Income Monthly Transit Pass - Information page & application/renewal	Jan-09	Receptionist	262-1000	262-1000	See website - www.calgarytransit.com
MedicAlert	Jan-09	email	website	photocopy or website	www.medicalert.ca or can phone the toll free 1-800-392-8422
Momentum	Jun-09	Reception	403-272-9323 or website	www.momentum.org	Free courses - Start a business, manage your money or learn a skill - Imigrant access fund, comp. workshops, computer access
Neighbour Link Calgary	Jan-09	Anne	209-1930	phone	Brochure
North East Calgary Adopt A Family Society	Jan-09	Janice Kubitza	Email	285-2017	Application form
Poverty Reduction Coalition	Jan-09	website	website	www.reducepoverty.ca	The coalition has developed a website to assist people to find which benefits they are eligible for at all levels of govt.
Preschool/Childcare Program Subsidy	Jan-09	Website	780-427-4801	Website	www.child.gov.ab.ca/whatwedo/childcaresubsidy
Salvation Army	Jan-09	De De	410-1124	Rizalyn at 410-1122	Brochure being updated and not available yet
Samaritan Club of Calgary	Jan-09	Kaz Van Tuyl	282-0685	282-0685	Handout
Sleep Country Canada	Jan-09	May	569-7717	569-7717	Letter needed on letterhead of agency referring, include clients info, client to bring with them
Women In Need Society Referring Agencies Phone List	Jan-09	Pat Beland	255-5102	255-5102	Agency List
Women In Need Society pamphlet	Jan-09	reception	255-5202	255-5102	phone for pamphlets

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Mental Health

Title	Date updated	Contact Name	Contact Info	website/other	Comments
Calgary Counselling Centre	Sep-07	Reception	265-4980	www.calgarycounselling.com	Brochure - see website
Calgary Family Services - Adoption Counselling	Jan-09	CFS	269-9888	www.calgaryfamily.org	Brochure - see website
Calgary Family Services - Family Counselling	Jan-09	CFS	269-9888	www.calgaryfamily.org	Brochure - counselling to all ages, individual, group, bereavement, multilingual
Catholic Family Service	Apr-07	Lorna	233-2360	www.cfs-ab.org	Brochure - see website
Catholic Family Service: The Butterfly Program	Sep-07	Lorna	233-2360	www.cfs-ab.org	Brochure - see website
Compass Family Referral Form	Sep-07	Marlene Thauvette	294-3664	294-3664	Referral Form
Compass Program	Sep-07	Marlene Thauvette	294-3664	294-3664	Brochure - YWCA
Compass School and Community Referral Form	Sep-07	Marlene Thauvette	294-3664	294-3664	Brochure - YWCA
Connections' In-Home Family Support Program	Nov-07	Pam	209-1100	209-1100	United Way
Eastside & Westside Family Centres	Apr-07	Reception	299-9696	299-9696	Flyer - Woods Homes
Families Matter: It Wasn't Supposed to Be Like This (English)	Apr-07	Margaret Fung	287-3669	Pamphlet Centre Ph. # 287-3669	Families Matter - Brochure
Hope and Healing	Year 2007	Margaret Fung	287-3669	Pamphlet Centre	Booklet
Hull Child and Family Services - cPEP - Bridging The Gap - and other programs	Sep-07	Amanda Dahl	542-0870	www.hullservices.ca	Hull: Child and Family Services
Lasting Impressions	Apr-07	Fred	207-2504	phone	Brochure
Life Happens: Access Mental Health - bookmark (& S. Calgary Health Centre version)	Jan-09	AMH	403-943-1500 - Ex 2	www.calgaryhealthregion.ca/mh	Range of mental health services to address the needs of individuals and families across the lifespan
Sonshine Community Services	Year 2004	Lyne Hadala	705-3474	phone	Brochure or email at info@sonshine.ab.ca see website http://sonshine.ab.ca/
Suicide Services Bereavement Program: Hope for those left behind	Nov-07	Judy Leith	297-1744	phone	Brochure
U-CAPES: University of Calgary Applied Psychological and Educational Services	Sep-07	Hedy Boyle	220-2851	phone	Brochure

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Multicultural					
Title	Date Updated	Contact Name	Contact Info	Website/other	Comments
Calgary Catholic Immigration Society	Jan-09	Reception	262-2006 & website	www.ccis-calgary.ab.ca	Bookmark & overview of services
Calgary Catholic Immigration Society - The New Family Place Brochure	Jan-09	Reception	266-6686	Phone	Pamphlet - can copy
Calgary Catholic Immigration Society: The New Family Place Overview	Jan-09	Reception	266-6686	Phone	photocopy
Calgary Chinese Community Service Association	Jan-09	Yin-Ping	265-8446	www.cccsa.ca	Brochure - see website
Calgary Immigrant Educational Society: Drop-In ESL Program	Jan-09	Reception	235-3666	www.immigrant-education.ca	Brochure & see website for programs
Calgary Immigrant Women's Association: New Friends & Neighbourhood Groups	Jan-09	phone or website	263-4414	www.cwis-online.com	Brochure
Calgary Immigrant Women's Association: Pebbles in the Sand	Jan-09	phone or website	263-4414 ext. 20, 53,13	www.cwis-online.com	Brochure
Calgary Immigrant Women's Association: Programs and Services	Jan-09	phone or website	263-4414 ext. 20, 53,13	www.cwis-online.com	Brochure
Calgary International Learning Centre: Come! Improve Your English!	Jan-09	Reception	263-5911	www.firstbaptistcalgary.com	Brochure or website
Calgary Refugee Health Program Margaret Chisholm Resettlement Centre	Jan-09	reception	265-3410	Phone	Brochure
Centre for Newcomers: Services & Programs for Newcomers to Canada	Jan-09	Esterletta	537-3394	Phone	Brochure
Community Resources for Newcomers	Jan-09	Linda Kongnetiman	943-7742	Photocopy	Handout
French speaking parents - toll-free Information Line - "Allo-Parents"	Jan-09	phone	phone	inform French parents	1-866-521-Allo (2556)
Immigrant Services Calgary	Jan-09	phone or website	265-1120	email or phone	Pamphlet - info@immigrantservicescalgary.ca
Immigrant Services Calgary - Mosaic Family Resource Centre	Jan-09	phone or website	265-1120	email or phone	Pamphlet - info@immigrantservicescalgary.ca
Immigrant Services Calgary & Calgary Health Region: Healthy Start Calgary	Jan-09	Puneet	538-8375	265-6093 Ext 375	Brochure
Services for Immigrants in Calgary, Welcome (English / French / Multilingual)	Jan-09	Reception	Website	www.aisa.ca	Alberta Association of Immigrant Serving Agencies, wwwaaisa.ca click on Reports & Publications to find the order form

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Parenting					
Title	Date Updated	Contact	Contact Info	Website/other	Comments
Alberta Centre for Child, Family and Community Research	Year 2009	Website		http://www.research4children.com	
Boys and Girls Club - Home Start Program	Jan-09	Dee or Marion	543-7605 or 571-0516	www.calgaryboysandgirlsclub.ca	Parent to parent support for families with a child under 5 experiencing isolation, loneliness, stress or are overwhelmed. See brochure.
Boys and Girls Club: Bowness, Dover, Falconridge, Forest Lawn, Penbrooke Meadows, Pineridge, Thorncliffe Clubs	Jan-09	phone or website	276-9981	www.calgaryboysandgirlsclub.ca	Handout and Calendar - Variety of Programs for children & youth-life & living skills, educational support, employment prep, arts and recreation.
C.H.A.D.D.	Jan-09	website	website	www.members.shaw.ca/chaddcalgary	Handout - website (go to resource list) or photocopy
Calgary Family Services, Adoption Counselling (Many other counselling programs)	Jan-09	CFS	269-9888	www.calgaryfamily.org	A counselling program to assist adoptive families cope with challenges using conversations, play, role play, peer support
Calgary Family Services, In-Sync (A play based, multi-sensory program for families with	Jan-09	CFS	269-9888 205-5254	www.calgaryfamily.org	A play based, multi-sensory program for families with children ages 0-6 promoting attachment
Calgary Family Services, Prime Time	Jan-09	Tara Sweeney	536-6558	www.calgaryfamily.org	An in-home parent to parent support program for families experiencing isolation, financial strain, uncertainty, overwhelmed. Referrals for children birth-2 in NE, SE and downtown. See brochure (to order) & web
Calgary Family Services: Nurture Yourself Program	Jan-09	Patricia	269-9888	phone	All programs are about self esteem
Calgary JCC - Spring 09 Program Guide	Jan-09	JCC	403-444-3168	www.calgaryjcc.com	book of spring programs also website
Calgary's Child 2009 Family Resource Guide, Paper & Web	Year 2009	phone or website	241-6066	Pamphlet Centre Ph. # 287-3669	www.calgaryschild.com
Canadian Association of Family Resource Programs	Year 2009	website	website	website	www.welcomehere.ca
City of Calgary Recreation 2009	Jan-09	403-268-3800	403-268-3800 or 311	City of Calgary	calgary.ca/recreation or call 403-268-3800
Families Matter	Jan-09	Irene	205-5175	Margaret Fung	Variety of programs for adults, adults & child. Dads only, postpartum & youth. Order from Margaret and website - www.familiesmatter.ca
Frequently Requested Telephone Numbers 211	Jan-09	City of Calg.	211 (24 hrs)	211	Community, govt., health & social services info call 211 24 hrs or- informalberta.ca
PACT: Parents and Children Together	Jan-09	Val	241-8544	Margaret Fung	Information, support and activities for parents and their children 0-5. Parents welcome to bring all their children 0-5 - www.pact.9f.com/
Parent Link Centre (Alberta)	Jan-09	janine.pushor@gov.ab.ca	email	Janine Pushor	www.parentlinkalberta.ca - 310-000 toll free or parent info line 1-866-714-KIDS(5437)
Renfrew Educational Services: Helping Kids Soar (Kindergarten, Early Ed., FASD, Int. Serv. For chil. with motor disabilities, Autism dis, Stepping out on Saturday	Jan-09	phone or website	291-5038	www.renfreweducation.org	Brochure-Preschool& elem. Ed programs, community services for children with special needs - see handout and website
Second Wind Program: A Morning Out Program for new moms	Jan-09	Norah Ayee	246-1804	abundantlife@telus.net	Handout - Bethal Baptist Church (Abundant Life Church)
Single Parent Support Program	Jan-09	Leslie Scott	275-6666 ext. 222	275-6666 ext. 222	Flyer- Huntington Hill Community (Community Resource Centre, Family & Community support worker

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Women In Need Society Family Resource Centres - Hillhurst, Bridgeland & Shaganappi	Jan-09	Pat Beland	255-5102 ext 5	255-5102 ext 5	Women In Need Society Family Resource Centres
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Support for Parents					
Title	Date Updated	Contact Name	Contact Info	Website/other	Comments
211 Community Connection	Jan-09	Margaret Fung (pamphlet ct)	287-3669	www.211calgary.ca	Dial 211 to get connected to the community services you need-confidential-24 hours- free & multilingual
Aspen: Helping People Create Better Lives - Families in Transition Program	Jan-09	Reception	219-3477	www.aspenfamily.org	Brochure - also see website - helping people draw upon their inner strengths to address life's challenges & create a better life
Bannister Manor & Woodridge Resource Centres	Jan-09	Reception	201-3152 or 281-4905	phone	Brochure - can email coordinator, Dave Wright at - dwright@hullservices.ca
BowWest Community Support Services Society	Jan-09	Reception	216-5348 or 374-0448	www.bowwest.com	Brochure - photocopy
Calgary Home Support Services	Jan-09	Reception	232-8770	www.aetashealth.com	Brochure - Health care and support & Child and Family Services
Calgary Learning Centre (Learning Links Resource Ct.)	Jan-09	Coordinator- Vicki Miller	403-686-9300	www.calgarylearningcentre.com	Programs & Spec. Serv. - Learning disab, ADHD, Literacy issues, family literacy, power of youth, online seminars
Calgary Pregnancy Care Centre	Jan-09	Reception	403-269-3110	www.pregcare.com	24 hour hotline 403-269-3110 - counselling & education facility, offer support, get assistance for unplanned pregnancy and ongoing support - free & confidential
Calgary Scope Society - Gateways, Stepping Stones (Family Service Coordination), Outreach Serv.	Jan-09	Reception	509-0200	www.calgscope.org	Brochure & web - improving lives of persons with developmental disab. in Calgary & area
Children's Cottage Society	Jan-09	Lynette	283-4275	www.childrenscottage.ab.ca/	Brochure and Magnet - crisis line 233-2273
Children's Cottage Society: Child Care Respite Program	Jan-09	Reception	619-3153	phone	See handout 0-12 years - professional referral required (nurse, social worker, etc.)
Children's Cottage: In-Home Infant Respite Program	Jan-09	Roxanne	283-4275	phone	Handout - proff referral- can self refer through Children's Cottage crises line call 233-2273
Children's Cottage: Respite Care Worker Referral Consent Form	Year 2009	Rosanne	283-4275	phone	Referral Form (professionals to fill out)
Comfort Keepers: Comforting Solutions For In-Home Care	Jan-09	Inese Hanson	228-0072	www.comfortkeepers.com	Rates have changed since 2007, call for updated rate information
CUPS Community Health Centre: Programs & Services Guide	Jan-09	H. Pontes	cups.pontes@shaw.ca	www.cupshealthcentre.com	Full health services to ind. & fam struggling with poverty, Family Resource Ct, One World Development Centre, Street Talk, Outreach
Developmental Disabilities Resource Centre of Calgary: Respite Services for Children	Jan-09	Jackie	240-7331	www.ddrcc.com	Brochure -aims to include people with development disabilities into the community in real and meaningful ways
Early Intervention Program: Home Stimulation & Support for your Child with Special	Jan-09	Kim	955-5999	see AHS web - Child Health - Outpatient	Brochure
Families Matter: At A Glance	Jan-09	Corinna or reception	205-5175	www.familiesmatter.ca	Families Matter - provide learning opportunities that build confidence and strengthen Calgary families
Families Matter: In-Home Support Services - Recruitment / Enrolment Record	Jan-09	Reception	205-5178	www.familiesmatter.ca	Application Form - Families Matter - also can self refer by calling (youngest child under the age of seven years)
Families Matter: Parenting Programs	Jan-09	Reception	205-5178	www.familiesmatter.ca	website or phone
Families Matter - Postpartum Support	Jan-09	Postpartum Support worker	403-205-5177	www.familiesmatter.ca	Support for new moms and dad with any challenges postpartum - if out of Calgary can call 1-888-545-5177
Family Resource Centre	Jan-09	Shonet D'Sa	403-720-3322	www.moca-frc.org/	Brochure - Milligan-Ogden Community Association - Family Resource Centre
Family Support for Children with Disabilities (green & white)	Jan-09	FSCD Intake Line	1-866-346-4661 403-297-6022	www.calgaryandarea.ca	Family support for children with disabilities
Family Support for Children with Disabilities: Local Contacts	Year 2009	website or phone	1-866-346-4661	www.child.alberta.ca/home/806.cfm	If unsure of which region web site gives further direction

Referral Resource List

Jan 2009

Support for Parents					
Title	Date Updated	Contact	Contact Info	Website/other	Comments
Heart of the Northeast Resource Centre	Jan-09	Jessica	403-293-5467 - ex 43	phone	Brochure - can email: heart_ne@shaw.ca
Heartland Agency and Educational Services	Jan-09	Reception	403-541-0277	www.heartlandagency.org	Brochure - non-profit organization providing highly-evolved educational programs for children
Inner City Community Resource Centre	Jan-09	Reception	403-536-6558	www.innercitycrc.com	Brochure (moved in Sept see new phone number)
Jewish Family Service Calgary	Jan-09	Ronalda	403-287-3510	www.jfsc.org	Booklet - see also Calgary JCC spring program book - parenting section
North Central Community Resource Centre	Jan-09	Lucila	403-275-6666 ext 221	www.weconnectyou.ca	Brochure and website
North of McKnight Community Resource Centre	Jan-09	Kim	403-293-0424	www.northofmcknightcrc.ca	Brochure
Parents if this is the break you've got, here's the break you need...	Jan-09	ED Joan Bever	403-270-1809	www.psa.calgary.ab.ca/	Parent Support Association - support families experiencing parent-youth (10-24yrs) conflict by providing problem solving strategies
Post Natal Helpers Ltd	Jan-09	Lynn	403-640-0844	phone	Brochure
Prime Time, Calgary Family Services (Free Family Coaches Available)	Jan-09	Reception	403-536-6558	www.calgaryfamily.org	Handout and website - Family with child aged 0-2 needing support with parenting, bonding or connecting with resources
Resources Centres for PPCS [PHN's Use]	Dec-07	Judy Hynes-Anthony	Photocopy	Photocopy	List
Salvation Army - Infant Essentials Program	Jan-09	Reception	403-220-0432	www.salvationarmy.org	Supply formula, diapers & wipes for new mothers who are having problems providing this for their babies to 3 yrs (baby food & cereal) up to four times/year
Salvation Army Pregnant and Parenting Support Centre	Jan-09	Reception	403-210-2993	www.salvationarmy.org	Handout & Calendar
South West Community Resource Centre	Jan-09	Tanya	403-238-9222	Web site under construction	Brochure - photocopy
Sunrise Community Link Resource Centre	Jan-09	Chris	403-204-8280	www.sunriselink.org	Brochure & website - a grassroots community development agency and resource centre engaged in poverty reduction and community economic capacity building in east Calgary
The Children's Link Society - Frequently Asked Questions	Jan-09	Soleded Johnson	403-230-9158	www.childrenslink.ca	Children's Link provides info and support links to fam, comm, agencies, proff in West. Canada for children and young adults with special needs
The PREP Program: Family Support Services	Jan-09	Anna Marie	403-282-5011 ext. 125	www.prepprog.org	Handout - Creating partnerships and progressive programs to integrate individuals with Down syndrome into society
The Women's Centre of Calgary	Jan-09	Reception	403-264-1155	www.women-centre.org	Services & Bookmark - Provides services support and community to women - see website
West Central Community Resource Centre (brochure & calendar)	Jan-09	Reception	403-543-0555	www.members.shaw.ca/westcentralcfc	Brochure - and see website

